



Best of! Center Hirschgarten

Datum	10:00 Uhr Best of Strength!	11:05 Uhr Best of Cardio!	Instruktor:in
April			
07.04.2024	Bodystyling	Cardio Workout	Sabrina
14.04.2024	Bodystyling	Cardio Workout	Vera
21.04.2024	Bodystyling	Cardio Workout	Vera
28.04.2024	Bodystyling	H.I.I.T.	Jeremy

body + soul
celebrate yourself

